

MILESTONE #5 - PURITY FOR LIFE

The goal of this workshop is to take a holistic approach to purity in all of life according to Scripture. God has said a great deal concerning purity in the life of every believer. As adolescence flows into everyday life, the issue of purity will be one that can literally alter life's course for teenagers. A commitment to physical purity is only part of the story. Without addressing the underlying issues, committing to sexual abstinence will be hollow and often broken. God created the human heart, soul, mind and strength to work cohesively to bring Him glory by following His path for life. Purity for Life is guiding your children along the path that God has laid for them.

The Adolescent Pressures of Life

During **Milestone 3**, the pressures of life on adolescents are discussed in detail. These pressures highly impact this roller coaster ride of emotions, hormones and physical development. Influences from every aspect of life is attempting to define your child's worth and purpose.

As a result, adolescents face major struggles including:

- Deep feelings of **Inferiority**
- Intense pressure of **Conformity**
- New found desire for **Independence**
- Understand the **Meaning of Love**

How do parents lead their son or daughter through this struggle and develop a commitment to purity?

- **Identity in Christ** - Your son's or daughter's

foundation in life is built on his or her identity, perceived or otherwise. Building truth into his life and reinforcing his true identity in Christ can create a solid foundation to endure the pressures and storms of life.

- **Healthy Friendships** - Peers will influence children greatly during this time in their lives. Developing healthy friendships by choosing healthy friends and being a healthy friend can smooth out the path through these formidable years.

Dating Relationships

Your son and daughter noticing the opposite sex is inevitable. The questions around dating will soon arise and parents need to have a good answer and stance on what is appropriate when. Many parents will leave their children to make their own decisions regarding relationships. Doing so in your child's life will almost ensure mistakes and regrets, possibly life---altering mistakes and regrets.

As each decade passes, the pressure to date and become physically involved grows. Children are dating at younger ages and becoming sexually active earlier in life. Building biblical fences in this arena of life is necessary to help your child remain pure sexually.

During this Milestone many topics in this area are discussed including:

- the purpose of dating
- modesty



- respect, dignity and purity in dating relationships

What is Biblical Sex?

Biblical Sex is one man and one woman joining together to become one physically in a covenant marriage relationship, forsaking all others, for the remainder of their lives. God invented and encourages sex to be enjoyed within the boundaries He has provided to bring maximum enjoyment to the marriage relationship.

The Fireplace – sex provides warmth and intimacy in a good marriage. But if it is practiced outside of biblical boundaries, it will destroy the relationship.

What is Biblical Purity?

*“My son, be attentive to my words; incline your ear to my sayings. Let them not escape from your sight; keep them within your heart. For they are life to those who find them, and healing to all their flesh. **Keep your heart with all vigilance, for from it flow the springs of life.**”*

MILESTONE GOAL:

Understand a Biblical perspective on living a pure life in the areas of: relationships, technology, identity and God-honoring sex.

CORE COMPETENCIES:

- Forgiveness for ourselves/others
- Biblical purity - thoughts, sex, media
- Identity/authenticity

WHEN SHOULD I TAKE THIS COURSE:

- We recommend you take this course when your child is between 10-12 years old.

CELEBRATIONS:

- Purity for Life event
- Passport 2 Purity series with purity ring dinner celebration

Proverbs 4:20---23

"I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect." Romans 12:1---2

"Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body." 1 Corinthians 6:18---20

"For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honor...For God has not called us for impurity, but in holiness." 1 Thessalonians 4:3---4, 7

"But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart." Matthew 5:28

"Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure,

whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things." Philippians 4:8

How Do I Guide Them to Purity?

1. Have the conversation! Use *Faith Talks & God Moments*. Have the talk about sex and purity. Share your story.
2. Define sexual purity. Help your child define healthy boundaries in relationships. Give them a place to go if they do mess up.
3. Help them see the commitment to purity will be a lifelong commitment, prepare them to battle temptation throughout life.
4. Prepare them to face adversity. A commitment to purity is against popular culture. Momentary adversity is worth lifelong peace and blessings.
5. Win the modesty battle. Help our child understand what it looks like and why it is so important.
6. Develop a Biblical view of the opposite sex.
7. Create an atmosphere of high expectations with grace.



Forgiveness...



Sexual Purity...



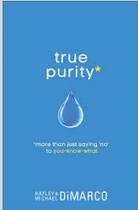
Authenticity...



Social Media...



RESOURCES



True Purity
by Hayley & Michael DiMarco



The Bare Naked Truth
by Bekah Hamrick Martin



A Parent's Guide To Understanding Social Media, Teenage Brains, Sex & Dating, Etc.
by Mark Oestreich



The Struggle
by Steve Gerardi



Digital Disciple
by Adam Thomas

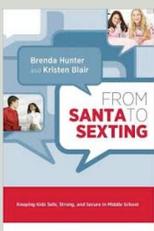


Secret Keeper Devotional
by Dannah Gresh



B4UD8
by Hayley & Michael DiMarco

Websites:
PureFreedom.org
godgirl.com
godguy.com



From Santa To Sexting
by Brenda Hunter & Kristen Blair